



Community  
Resource  
Guide

Monroe County

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This resource guide was developed to provide information about community resources available in Monroe County to all county residents.	
<i>Please call MCDHS office 608-269-8639 with any corrections, additions or deletions.</i>	

<b>Abuse/Neglect</b>	
Aging and Disabilities Resource Center of Western WI	(608)785-5700 or 800-500-3910
Brighter Tomorrows (Sparta or Tomah)	608-269-7853 or 608-374-6975
Brighter Tomorrows (Crisis Line)	888-886-2327
Coulee Council on Addictions	608-784-4177
Great River call for Help 211	800-362-8255
Gundersen Lutheran Sexual Abuse Counseling	608-775-3845
Monroe County Department of Human Services	608-269-8600
National Child Abuse Hot Line	800-422-4453
National Domestic Violence Crisis	800-799-7233
National Sexual Assault	800-656-4673
New Horizons Shelter & Women's Center	608-791-2621 or 608-791-2610
New Horizons Shelter & Women's Center (Crisis Line)	888-231-0066
Safe Path	608-392-7804
UNIDOS	800-510-9195
Watershed Alcohol & Drug Addiction Treatment	800-310-8963

<b>Budget/Money Management</b>	
Catholic Charities	608-782-0710
Consumer Credit Counseling Services	608-784-8380 or 800-350-2227
Families First (Tomah)	608-374-4141
Monroe County UW-Extension	608-269-8722

<b>Child Support</b>	
Child Support Enforcement Hotline	202-401-9373
Monroe County Child Support Office	608-269-8733

<b>Counseling Services</b>	
Center Point Counseling (Viroqua)	608-638-7420
Coulee Council on Addictions	608-784-4177
Counseling Associates LLC	608-785-0827
Family & Children's Center	608-785-0001
Gundersen Lutheran	608-775-3845
Hiawatha Valley Mental Health Center	608-796-1168
Monroe County Department of Human Services	608-269-8600
Mayo Health Systems	608-269-1770
Neighborhood Family Clinic	608-781-9880
Scenic bluffs Behavioral Health	608-654-5100
Watershed Alcohol & Drug Addiction Treatment	800-310-8963

<b>Clothing/Household Items</b>	
Cashton Cupboard & Closet Food Pantry Thrift Store	608-654-5770
Families First (Tomah)	608-374-4141
Goodwill Industries	608-372-7464

<b>Crisis Intervention</b>	
Brighter Tomorrows (Crisis Line)	608-269-7853
Families First (Tomah)	608-374-4141
Great Rivers 211 First Call for Help	211
Hiawatha Valley Crisis Contact	844-274-7472
National Suicide Prevention Lifeline	800-273-8255
Northwest Connections (24 Hour)	888-552-6642
Wisconsin First Step	800-642-7837
TEXTING LINE	TEXT HOPELINE TO 741741

**Day Care/Adult**

Coulee Region Adult Day Center	608-487-9160 or 608-519-2306
Handishop Adult Day Center (Tomah and Sparta)	608-372-3289 or 608-269-4600

**Day Care/Children**

Parenting Place (Sparta)	608-269-3151 ext. 6116
Parenting Place (Tomah or La Crosse)	608-372-4190 or 608-784-8125
Riverfront Inc., Day Services Program	608-374-4673
Western Region for Economic Assistance	888-627-0430 fax 855-293-1822
Wisconsin Shares Child Care Program	608-267-3905

**Dental Assistance**

Dr. Clyde Houston	608-372-4455
Lopez Family Dental	608-269-8400

**Disability Services**

Aging and Disabilities Resource Center of Western WI	800-500-3910 or 608-785-5700
Division of Vocational Rehabilitation (La Crosse)	800-442-3477
Handishop Industires	608-372-3289
Independent Living Resources	608-787-1111
Lutheran Social Services	608-788-5090
Monroe County Senior Services	608-269-8690
Riverfront Inc., Day Services Program	608-374-4673
Senior and Disabled Services	608-374-7476
Social Security Administration	800-772-1213

**Education**

Cashton Elementary School	608-654-7377
Cashton High School	608-654-5131
Cataract Elementary School	608-272-3111
Conintuing Education Programs	608-785-8000
Norwalk-Ontario-Wilton School District	608-337-4403
St. John's Lutheran School	608-269-6001
St. Patrick's School	608-269-4748
Sparta Area School District (Pupil Services)	608-366-3422
Sparta School District (Charter/Pre School)	608-269-3459
Sparta Head Start	608-269-8297
Tomah GD Center Western Technical College	608-374-7700
Tomah Head Start	608-372-3781
Western Technical College (Tomah or Sparta Campus)	608-374-7700 or 608-269-1611
Workforce Connections	800-742-5627

**Elderly Assistance**

Aging and Disabilities Resource Center of Western WI	800-500-3910 or 608-785-5700
Monroe County Senior Services	608-269-8690
Senior and Disabled Services	608-374-7476
Sparta Senior Meal Site	608-269-6778
Tomah Senior Meal Site	608-374-7476

**Employment Agencies**

ABR Employment Services	608-269-0542
Experience Works	608-789-5623
Express Employment Professionals	608-779-4252
Kelly Services	608-782-0452
Labor Ready	608-782-0452
Manpower	608-374-2040

**Employment Agencies - continued**

Olsten Staffing Agency	608-782-1100
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**Employment Search Assistance**

Monroe County Workforce Connections	608-374-7740
Wisconsin Division of Vocational Rehabilitation	608-785-9500
Workforce Connections	800-742-5627

**Energy Assistance**

Families First (Tomah)	608-374-4141
Flocks Guardians	608-487-9356

**Errands and Grocery Delivery**

Companion Services Plus	608-343-1780
Faith in Action Volunteers	608-372-0939
Hanson's IGA	608-269-6752

**Eviction/Foreclosure Prevention Assistance**

Catholic Charities	608-782-0710
Couleecap (Sparta and Toll Free)	608-269-5021 or 866-766-9215
Families First (Tomah)	608-374-4141
Monroe County Workforce Connections	608-374-7740
Rural Development (Sparta and Toll Free)	608-269-3116 or 800-633-7701
Wisconsin Housing & Economic Development	800-334-6873

**Food Assistance and Resources**

Couleecap	608-269-5021
Couleecap Emergency Food	608-269-3012
Ecumenical Bread Basket Food Pantry	608-269-5081
Faith Evangelical Free Church Food Pantry	608-269-5469
Families First (Tomah)	608-374-4141
Neighbor for Neighbor, Inc.	608-372-6737
Second Harvest at 1800 block of Milwaukee St., Sparta	877-366-3635
Second Harvest at Tomah Monroe County Fairgrounds	877-366-3635
Sparta Meal Site or Tomah Meal Site	608-269-6778 or 608-378-3514
Tomah Community Table	608-343-7039
Western Region for Economic Assistance	888-627-0430 fax 855-293-1822
WIC (Women Infants and Children) (Sparta)	608-269-8671

**Guardianship Services**

Care Wisconsin	855-408-3687
Catholic Charities	608-782-0710
Flock's Guardians	608-487-9263
Legal Guardianship Services	608-637-2150
Olson's Guardians	608-487-5421
Shutter Guardianships Inc.	608-343-4070
Western Wisconsin Cares	608-269-7400
Western Wisconsin Guardianship Inc.	608-633-0903
Western Wisconsin Guardianship Services Inc.	608-269-3310

**Government Officials**

Wisconsin Legislators Hotline	800-362-9472
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**Health Insurance**

Badgercare/Medicare/Medicaid WREAC	888-627-0430 fax 855-293-1822
Federal Health Insurance Marketplace (healthcare.gov)	800-318-2596

**Help Lines**

Alcoholic Anonymous	608-269-4021
Alzheimer's Association	800-272-3900
Brighter Tomorrows (Sparta or Tomah)	608-269-7853 or 608-374-6975
Brighters Tomorrows Crisis Line	888-886-2327
Child Support Enforcement Hotline	202-401-9373
Council on Problem Gambling	800-522-4700
Debt Relief Hotline	888-790-1337
Families Frist (Tomah)	608-374-4141
Monroe County Human Services Child Abuse & Neglect	608-269-8600
Monroe County Mobile Crisis Unit (Sherriff's Dept.)	608-269-2117
National Child Abuse Hotline	800-422-4453
National Domestic Violence Crisis	800-799-7233
National Sexual Assault	800-656-4673
New Horizons Shelter and Women's Center Crisis Line	888-231-0066
Poison Control Hotline	800-222-1222
Safe Path	608-392-7804
Solstice Warmline	608-422-2383
Suicide & Crisis Hotline	800-273-8255
Teens Help Line	310-855-HOPE or 800-852-8336
UNIDOS	800-510-9195
Wisconsin Tobacco Quit Line	800-784-8669

**Housing/Income Based**

Aging and Disabilities Resource Center of Western WI	608-785-5700
Monroe County Habitat for Humanity	608-343-5853
Monroe County Housing Authority (Sparta and Toll Free)	608-269-5017 or 800-491-5017
Tomah Housing Authority	608-374-7455

**Legal Assistance**

Legal Aid/Action of Wisconsin (La Crosse & Toll Free)	608-785-2809 or 800-873-0927
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**Medical Assistance**

Black River Falls Dental Center	715-670-0400
Monroe County Health Department	608-269-8666
Monroe County Human Services Mental Health	608-269-8600
Mauston Dental	608-847-6700
Neighborhood Family Clinic	608-781-9880
Essential Health Clinic	800-657-5177
Scenic Bluffs Health Center (Cashton or Norwalk)	608-654-5100 or 608-823-7853
St. Claire Health Mission in Mayo (Sparta)	608-269-2132
Wisconsin Women's Health Line	800-448-5148

**Mental Health Facilities**

Gundersen Behavioral Health Clinic (Sparta or Tomah)	608-269-1588 or 608-374-3853
Gundersen Inpatient Behavioral Health	608-775-3523
Hiawatha Valley Mental Health Center	608-796-1168
Mayo Clinic Behavioral Health Clinic (Sparta or Tomah)	608-269-4132 or 608-372-5999
Mayo Clinic Inpatient Behavioral Health Unit	608-392-9555
Scenic Bluffs Assessment and Treatment	608-654-5100

**Parenting Support**

Birth to Three at Monroe County Human Services	608-269-8682 or 800-873-1768
Family Living Agency UW-Extension	608-269-8722
Parenting Place (Sparta)	608-269-3151 ext. 6116

<b>Parenting Support - Continued</b>	
Parenting Place (Tomah or La Crosse)	608-374-4190 or 608-784-8125
Special Needs Children Center	800-400-3678
<b>Pet Care Assistance</b>	
Cashton Cupboard & Closet (Pet Food)	608-654-5770
SPOTT (Supporting Pets Over Troubled Times)	608-633-3345
<b>Shelter/Emergency</b>	
Families First (Tomah)	608-374-4141
New Horizons Shelter and Women's Center	608-791-2621 or 608-791-2610
Salvation Army La Crosse	608-782-6126
Warming Shelter Catholic Charities in La Crosse	608-782-0710 ext. 1260
<b>Tenant/Landlort Mediation</b>	
Bureau of Consumer Protection	800-422-7128
Families First (Tomah)	608-374-4141
Tenant Resource Center	877-238-7358
<b>Transportation Assistance</b>	
Abby Vans (Medical transport non-emergency)	800-236-8438
Ace Cab Company	608-372-2345
Caring Hearts Transportation	608-317-3657
Faith in Action Volunteers (Tomah & Toll Free)	608-372-0939 or 888-863-0272
Families First (Tomah)	608-374-4141
Medicaid Transportation Program (MTM)	866-907-1493
Monroe County Senior Services	608-269-8689
Senior Bus (Aging & Disability)	608-269-8690
Sparta Cab	608-269-2222
WETAP Transportation Connections	608-264-8426
<b>Unemployment</b>	
Department of Workforce Development	800-822-5246
<b>Veteran Services</b>	
Department of Workforce Development (employment)	800-822-5246
Monroe County Veteran Service Office	608-269-5727
Tomah VA Medical Center (Tomah or Toll Free)	608-372-3971 or 800-872-8662
Veteran's Assistance Foundation	866-823-8386
<b>Vocational Evaluations</b>	
Division of Vocational Rehabilitation (La Crosse)	800-442-3477
Handishop Industires	608-372-3289
<b>Youth Services</b>	
Big Brothers & Big Sisters of the 7 Rivers Region	608-782-2227
Boys and Girls Club of Sparta	608-269-2582
Couleecap	608-269-5021
Family and Children's Center	608-269-0567
Parenting Place (Sparta)	608-269-3151 ext. 6116
Parenting Place (Tomah or La Crosse)	608-374-4190 or 608-784-8125
Runaway Shelter (Sparta)	608-269-5660
Sparta Free Library	608-269-2010
Sparta Parks & Recreation Department	608-269-6322
The Bridge for Youth	612-377-8800
The Runaway Bridge	800-362-8255
Tomah Public Library	608-374-7470
Tomah Recreation Department	608-374-7445

